

the red fern

#GoVegan

100% vegan plant-based restaurant
w/ gluten-free & allergy friendly options

100% VEGAN

We are a 100% vegan restaurant - no meat, fish, eggs, dairy or honey are used in our kitchen or allowed in our restaurant. Any references to these products refer to our vegan substitutes. **GO VEGAN** for the animals, the planet & your health!

INFO

The Red Fern was founded in 2013, in an effort to bring an American-style vegan menu w/ allergy friendly options to Rochester. Vegan female-owned & operated, ALWAYS an **LGBTQ+** safe space. We fundraise monthly for local animal rescue organizations & support community causes thru donations. Follow us on social media!

We cater & sell whole cakes, pastry trays, gluten-free bread loaves, etc. from our bakery! See our catering & special order dessert menu online at www.redfernrochester.com.

Reservations recommended! Tables are booked for max 1.5 hours.

We deliver on GrubHub & DoorDash. Visit their apps for details.

An 18% automatic gratuity may be added to parties of 8 or more.

Bring your own *vegan* desserts, beers or wines - corkage/plating fee of \$10 applies.

Parking is available in the lot behind the building Tues - Sat during the hours of 11am - 5pm. After 5pm, you are subject to tow by building management.

SMOOTHIES

12oz. Made with fresh fruit, coconut milk & local maple syrup. All are GF. **5.50**



- Strawberry Banana
- Kale Strawberry Banana
- Peanut Butter Banana
- Chocolate Peanut Butter Banana
- Chocolate Peanut Butter Banana Strawberry
- PBB & J - peanut butter, banana, strawberries
- Mixed Berry Matcha - strawberries, raspberries, blackberries, blueberries organic matcha green tea
- Apple Jack - apple, banana, kale, peanut butter, apple pie spices

FRESH JUICE

12oz. Juiced to order! All are GF. **5.50**

Beet It - beet, carrot, apple, ginger

Green - kale, cucumber, celery, apple, lemon

Sunrise - orange, carrot, grapefruit, lemon

Pink Lemonade - lemon, apple, cucumber, lite beet

Strawberry Alarm Clock - strawberries, apple, orange, carrot, lemon

Alkalizer, a.k.a. 'Swamp Thing' - carrot, kale, cucumber, celery, apple, lemon

Apple, Orange or Carrot - straight, choose one

DESSERT

Housebaked Pastries (opt GF)

Desserts are baked daily @ our in-house bakery! Cakes, brownies, cookies, bars, etc. See pastry case for today's selections.

Ice Cream (GF)

Oat milk, rotating flavors

single scoop **4.75** double scoop **8.75** triple scoop **12.50**

Brownie Sundae! (opt GF)

Choice of brownie or blondie flavor + ice cream flavor, topped w/ chocolate syrup, cherry topping & rainbow sprinkles **9.00 - 9.50**



COLD DRINKS

All are GF.

Draft Katboocha Kombucha **5.75**

12oz rotating flavors by local "booch"-brewer Katboocha!

Iced Tea or Iced Coffee 12oz locally-sourced **2.75**

Coconut Milk 12oz unsweetened organic **3.50**

Soda **2.50**

12oz Zevia calorie-free Stevia-Sweetened Cola, Bruce Cost Ginger Ale or Virgil's Root Beer

JUST Water 16.9oz eco-friendly recycled paper carton **2.25**

Saratoga Sparkling 12oz bubbly spring water **3.50**

BEER & WINE

See our rotating menu!
GF options available.



HOT DRINKS

Hot Coffee **2.50**

12oz Fuego Coffee Roasters, local roastery. Fair-trade & direct-farmed whenever possible.



Hot Tea **3.75**

16oz teapot of Happy Earth Tea, ROC tea purveyor. Fair-trade, organic & direct-sourced whenever possible.

- **Earl Grey** - yunnan black tea; citrusy w/ bergamont
- **Jade Mountain Green** - green tea; earthy, grassy, floral notes
- **Tropical Green** - green tea w/ pineapple & papaya
- **Red Velvet** - herbal rooibus tea; tart & bright red! w/ hibiscus, berries, rosehips, mango & orange
- **Sereni-Tea** - herbal tea; calming blend w/ chamomile, mint, lavender, lemon verbena & rose petals
- **Happy Tummy** - herbal tea; digestive aid w/ fennel, sage, rosemary, mint, lemongrass, calendula & catnip

