

ONION-FREE/SCALLION-FREE OPTIONS

Please inform your server of all food allergies. Safe-handling procedures are our practice; however, in a shared kitchen, the possibility of cross-contact is possible. Please specify if you require separate prep for allergies, or if shared equipment is OK. Upcharges may apply for any of the following modifications.

SNACKS

Quesadilla – No sausage, sub lemon maple tofu, plain grilled tofu or mushrooms. No marinated kale, sub steamed kale. Sub olive oil & balsamic vinegar for the side salad.

Fruit & Cheese Platter

Pickled Things

PLATES

Buddha Bowl – No marinated kale, sub steamed kale. Avocado puree add-on is onion-free.

SALADS

Strawberry Fields

Simple Green

Add-ons – warrior scoop, coconut brown rice, cashew-macadamia cheese, lemon maple tofu, tofu eggs, plain grilled tofu, avocado, chilled beets, pickled jalapeños

SANDWICHES

All regular menu bread types are onion-free.

Warrior Wrap + add-on avocado spread & lemon maple tofu

ABL– No bacon, sub lemon maple tofu or plain grilled tofu

Tofu Egg Sandwich – No cream cheese, sub avocado spread + add-on pickled jalapeños

Grilled Cheese + add-ons roasted tomato, avocado spread, lemon maple tofu, pickled jalapeños

Sides – balsamic field greens, sesame sticks, pickled things, mashed potatoes (no gravy), coconut brown rice

DESSERT

All desserts are onion-free.

DRINKS

All drinks are onion-free.