



# the red fern

283 oxford street rochester, ny 14607  
585-563-7633 [www.redfernrochester.com](http://www.redfernrochester.com)

## garlic-free options

please inform your server of any food allergies. safe-handling procedures are our practice; however, in a shared kitchen, the possibility of cross-contamination is possible.

### snacks

quesadilla – no sausage, sub lemon maple tofu or mushrooms. no marinated kale, sub steamed kale. dry field greens for the side salad

fruit & cheese platter

pickled things

### plates

buddha bowl – no ginger garlic tamari dressing. no marinated kale, sub steamed kale. no marinated tofu, sub lemon maple tofu

### salads

strawberry fields – no strawberry poppyseed vinaigrette, sub olive oil & balsamic vinegar

thai kale salad - no thai peanut dressing, sub plain balsamic vinegar

simple green – no balsamic vinaigrette, sub olive oil & balsamic vinegar

add-ons – cashew-macadamia cheese, lemon maple tofu, avocado

### sandwiches

warrior wrap & add-on avocado spread

tofu egg sandwich – dry greens on sandwich. add-on avocado spread is garlic-free

grilled cheese & add-ons roasted tomato, avocado spread, lemon maple tofu

sides – balsamic field greens (dry greens – sub olive oil & balsamic vinegar), sesame sticks, pickled things

gluten-free bread

### dessert

all desserts are garlic-free

### drinks

all desserts are garlic-free